



## Community Health Highlights April 2017 – May 2017

Wade Family  
Medical  
7118 Main St.  
Wade, NC 28395  
(910) 483-6694

Wade Family Medical DT  
2409 Murchison Rd.  
Suite B  
Fayetteville, NC 28301  
(910) 488-4525

Stedman Family  
Dental  
6540 Clinton Rd.  
Stedman, NC 28391  
(910) 483-3150

## Free Exercise Classes



### Better Health

1422 Bragg Boulevard,  
Fayetteville, NC

**Sunday:** 5:45 pm

**Monday:** 9:00 am

**Tuesday:** 5:45 pm

**Wednesday:** 9:00 am

**Thursday:** 5:45 pm

**Friday:** 9:00 am

- Tai Chi, Yoga, Aerobics, and light weights
- All fitness levels, beginner to intermediate.
- Ages 14 and up.

No advance registration  
required.

**Call for More Information:**  
(910) 483-7534

## The Federal Health Law: What Consumers Need to Know

Last month, Republican leadership in the U.S. House unveiled a healthcare replacement bill, known as the American Healthcare Act. Many people are worried about how potential changes to the federal health law might affect them. Here are some key facts that consumers should keep in mind:

- The healthcare replacement bill was a proposal, not law. As of March 24, 2017, the bill has been removed from consideration and the Affordable Care Act is still the law of the land.
- Nothing has changed. Consumers should continue to use their health insurance. Any premium tax credits or cost-saving reductions consumers receive are still in place.
- Consumers should continue to pay their monthly health insurance premiums to ensure their 2017 coverage continues.

### Special Enrollment Periods:

Consumers may still enroll in coverage outside of the open enrollment period if they qualify for a Special Enrollment Period. In order to qualify for a Special Enrollment Period, consumers must experience any of the following within the past 60 days:

- Loss of Job-Based Coverage
- Loss of Medicaid or CHIP
- Death of Family Member
- Permanent Move
- Released from Incarceration
- Marriage
- Birth or Adoption
- Divorce or Legal Separation
- Change in Income
- Denied Medicaid

If you have any concerns or questions about your Marketplace health insurance plan or if you would like to see if you qualify for a special enrollment period, please contact our certified application counselor at: (910) 483-6694 or [kcurry@swhs-nc.org](mailto:kcurry@swhs-nc.org)



Since 2002

## Welcome to Medicare Class

Are you new to Medicare or about to be?

Register and attend a free class!

Tuesday, April 11th

### Cumberland Council on Older Adults

339 Devers Street  
Fayetteville, NC 28303

### Call for additional information:

(910) 484-0111



# BE AN ADVOCATE AND A POSITIVE FORCE FOR CHANGE!



## Being an advocate means:

- Speaking Up on Behalf of Your Health Center
- Educating Elected Officials
- And Spreading the Word!

1



**Signup to be an Advocate —**  
*text HCADVOCATE to 52886.*

2



**Learn more —**

*go to [www.hcadvocacy.org](http://www.hcadvocacy.org) for more information about health centers and advocacy.*

3



**Share this with your friends and family —**  
*take a few copies to leave throughout your health center and the community.*



## In the Community

**April 8<sup>th</sup>**

Town of Spring Lake – Spring Fling 2017  
Mendoza Park  
10:00 am – 4:00 pm

Community Easter Egg Hunt  
Victory Baptist Church  
5984 Brookdale St, Hope Mills, NC

**May 6<sup>th</sup>**

Seabrook Community Yard Sale  
Smith Recreation Center  
1520 Slater Ave, Fayetteville, NC  
10:00 am – 2:00 pm